

Other Local Support Services

Children Who Witness Abuse

Armstrong	250-546-6744
Vernon	250-558-3850
Community Response Team	250-260-7893
Crisis Line	250-545-2339
Downtown Primary Clinic	250-541-1097
Family Resource Centre	250-545-3390
First Nations Family Outreach	250-558-1888
First Nations Friendship Centre	250-542-1247
Immigrant Services	250-432-4177
Pregnancy Outreach	250-542-1247
RCMP Victim Assistance	250-260-7171
RCMP	250-545-7171
Specialized Victim Services	250-542-3322
Street Nurse	250-545-3572
Transition House	250-542-1122
Victim Link	1-800-565-0808
VWTHS Outreach	250-503-8511
Whitevalley Community Services	250-547-8866
Women's Centre	250-542-7531

The Support to Young Parents Staff can help you find other professional assistance.



Casimir Court Support to Young Parents Program

Vernon Women's **Transition House** Society

Mailing Address: PO Box 625 Vernon, B.C. V1T 6M6
phone: 250-558-3850 fax: 250-558-3856
debbyhamilton@shaw.ca
<http://vwths.shelternet.ca>

Donations of services, goods and funds are gratefully accepted.
Vernon Women's Transition House Society is a registered charity.

Vernon Women's **Transition House** Society

Casimir Court Support to Young Parents Program

For Pregnancy and Parenting Support for Young Mothers and their Children

Contact

Phone: 250-549-2887
Fax 250-549-2846
sypcoordinator@shaw.ca



Funded by:
The Ministry of Children & Family Development



Vernon Women's Transition House Society

Services and Programs for Women and Children

Casimir Court Support to Young Parents Program



Support to Young Parents Program

The Support to Young Parents Program provides affordable housing and support to pregnant and parenting teens and young women (ages 15-24)

The services include:

- One or two bedroom apartment with affordable rent.
- Free utilities, laundry and cable.
- Security system and monitoring.
- Furniture and household items are available on a limited basis.

Services we offer:

- Life skills groups (budgeting, nutrition, cooking, shopping, etc.)
- Parenting support and information
- Personal growth groups, (self esteem, relationships, addictions, etc.)
- Responsive to cultural identity needs
- On site support from Public Health, Mother Goose, Literacy Support, Addictions and Mental Health Counsellors, etc.
- Supportive counselling from onsite staff
- Peer support and recreational opportunities

Referral Process

1. Phone Program staff at 250-549-2887.
2. Tour the program (bring a parent or friend, if you wish).
3. If you are interested, a meeting will be held with the staff, your social worker (if you have one) and you.
4. You may be placed on a wait list.
5. Arrangements will be made with income assistance for rental support.

For more information contact:

SYP Coordinator
250-549-2887 • sypcoordinator@shaw.ca

